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| MONDAY | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| LUNCH | 2Diced Chicken (2 oz) w/ Gravy1 WG Sliced Bread¼ c Glazed Carrots¼ c **Apple Slices**¾ c Milk ***Veg: 3/8 c Baked Tofu (3.3 oz) w/ Vegan Gravy*** | **Make your Sandwich** 31 Hamburger Patty (1.95 oz) w/ BBQ Sauce1 **WG** Bun (1.12 oz)¼ c **Broccoli w Creamy Italian** ¼ c **Fresh Fruit Salad** (Pineapple, Cantaloupe and Honeydew) ¾ c Milk ***Veg: 1 Veggie Burger (3.5 oz) w/ BBQ Sauce*** | 42 Chicken Tenders (1.5 eq oz)1 **WG** Roll (1.13 oz)**½** c **Green Salad** w/ Ranch¼ c **Peaches**¾ Milk***Veg: 5 Veg Chick’n Tenders (4.5 oz)***  | **Breakfast for Lunch** 5 3 Turkey Sausage Links (1.5 eq oz) w/ Ketchup 1 **WG** Waffle Maple w Syrup **(Cold)**¼ c **Three Bean Salad**¼ c **Pears**¾ c Milk***Veg: 4 Veggie Chik’n Nuggets (3 oz) w/ Ketchup*** | 6½ c Macaroni & Cheese*(0.6 oz eq m/ma; 0.8 oz eq noodles)*1 String Cheese (1 oz)¼ c **Carrots** w/ Veggie dip**¼** c **Honeydew** ¾ c Milk***Veg: Same*** |
| 94 Chicken Nuggets (3.2 oz) w/ Ketchup 1 **WG** Roll (1.13 oz)½ c **Spinach & Shredded Carrots Salad** w/ Italian¼ c **Pears**¾ c Milk***Veg: 4 Veggie Chik’n Nuggets (3 oz) w/ Ketchup*** | 101 Meatloaf (3.15oz) & Gravy1 **WG** Bun (1.12 oz)¼ c **Chickpeas Salad w/ Diced Cucumbers****¼** c **Melon Salad** ¾ c Milk***Veg: 1 Veggie Burger (3.5 oz) w/ BBQ Sauce*** | **Make your Gyro** 11¼ c Grilled Chicken Strips (2 oz) w/¼ c Yogurt sauce 1 **WG** Flat Bread (1 oz)**¼** c **Shredded Lettuce****¼** c **Mandarin Orange**¾ c Milk***Veg: 5 Veg Chick’n Tenders (4.5 oz)*** | 12½ c Sloppy Joe *(2 oz Ground Beef )*1 WG Bun (1.12)¼ c **Broccoli** w Ranch ¼ c **Tropical Fruit Salad** (Papaya, Pineapple)¾ c Milk***Veg: ½ c Soy protein Sloppy Joe***  | **Make your Sandwich** 131 Veggie Burger (3.5 oz) w/ Mayo1 **WG** Bun (1.12 oz)¼ c **Diced Cucumbers****¼** c **Apple slices**¾ c Milk***Veg: Same*** |
| **Make your Sandwich** 161 Crispy Chicken Patty (3.25 oz) w/ BBQ Sauce1 **WG** Bun (1.12 oz) ¼ c Potato Salad¼ c **Tropical Fruit Salad** (Papaya, Pineapple)¾ c Milk***Veg: 1 Veggie Burger (3.5 oz) w/ / BBQ Sauce*** | 17½ c Beef Stir-fry w/  **Asian Vegetables** (Green Beans, Broccoli, Onions, Mushrooms, Red Pepper)¼ c Lomein Noodles, Onions, Mushrooms, Red Pepper)¼ c **Fresh Fruit Salad** (Pineapple, Cantaloupe and Honeydew)¾ c Milk***Veg: 3/8 c Stir-fry Tofu (3.3 oz)***  | 181 Cheese Lasagna Roll-up (3.5 oz) w Marinara Sauce**WG** Lasagna noodles (1 oz eq)1 String cheese (1 oz)½ c **Spinach & Shredded Carrots Salad** w/ Italian¼ c **Pears**¾ c Milk***Veg: Same*** | 1A logo with a black background  AI-generated content may be incorrect.9 | **Make your Quesadilla**  20¼ c Black Beans w/ Salsa2 oz Shredded Mozzarella 1 **WW** Tortilla (1 oz) ¼ c **Carrots** w/ Veggie dip¼ c **Honeydew**¾ c Milk***Veg: Same*** |
| 234 Chicken Nuggets (3.2 oz) w/ Ketchup 1 **WG** Roll (1.13 oz)¼ c Potato Salad¼ c **Fruit Cocktail (Pineapple**, Grapes, Peaches, Pears, Half Cherry)¾ c Milk***Veg: 4 Veggie Chik’n Nuggets (3 oz) w/ Ketchup*** | **Make your Taco** 24½ c Taco Meat (2 oz Ground Turkey) 2 Tbsp Shredded Cheddar Cheese**¼** c **Shredded Lettuce &** ¼ c **Diced Tomato**1 **WW** Tortilla (1 oz) ¼ c **Fresh Fruit Salad** (Pineapple, Cantaloupe and Honeydew)¾ c Milk ***Veg: 3/8 c Vegan Ground Meat*** | 254 Chicken Meatballs (2.1 oz) w/ Marinara sauce 1 pc Parmesan Cheese 1 **WG** Hot Dog Bun (2.2 oz)  **½** c **Spinach & Shredded Carrots****Salad** w/ Italian **¼** c **Peach**¾ c Milk ***Veg: 3 Vegan Meatballs (3.1 oz) w/ Marinara sauce***  | 26**½** cBeef Macaroni Pasta Baked*(2oz Beef & ¼ c Pasta)***¼** c **Broccoli Florets** w/ Creamy Italian**¼** c **Mandarin Orange**¾ c Milk***Veg: Vegan Macaroni Pasta Bake*** | **Make your Pizza** 272 oz Shredded Mozzarella1 **WG** Flat Bread (1 oz)¼ c Hot Marinara Sauce½ c **Tossed salad** w/ Italian¼ c **Cantaloupe**¾ c Milk***Veg: Same*** |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| LUNCH | 30Curry Chicken w/ Rice ¼ c Diced Chicken (2 oz) w/ Curry¼ c **Brown Rice** w/ Green Peas**½** c **Spinach & Shredded Carrots Salad** w/ Italian¼ c **Fruit Cocktail (Pineapple**, Grapes, Peaches, Pears, Half Cherry)¾ c Milk***Veg: 3/8 c Black Beans w/ Curry*** |  |